

# theEATproject

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[www.theEATproject.com](http://www.theEATproject.com)

{the EAT project } is a food based public participatory project. It is an exploration and a study in understanding that food goes beyond just providing sustenance. Under it run different projects which use food & design as an aid to research and grasp complex topics such as migration, nostalgia, cultural identities and social interactions. The current active project EAT The World Series organizes monthly food workshops open to any 20 participants at the cultural center in Umeå.



## About the team

Originally from Pakistan, Leena holds a Masters degree in sustainable architectural design. Born and brought up in Karachi, and having spent a few formative years growing up in Damascus, Syria, Leena is no stranger to struggling with identity in the midst of shuttling between vastly different cultures. She is the creator of {the EAT project}, a project that strives to understand and work with cultural identity, migration & oral history through food and design. She is currently practicing as an interior architect as well as working on the practice-based book project 'EAT Umeå | EAT The World Series'.

## Image credits and license

1. Rolling Sarmas during EAT The World Series | Turkish Sarma Workshop / Leena Naqvi
2. Latvian Sklandrausk Pie / Leena Naqvi
3. Testing batter consistency | Indian Dosa Workshop / Leena Naqvi
4. Workshop participants sharing the meal they cooked together | Iranian Tahchin Workshop / Leena Naqvi
5. Participant preparing dumplings | Chinese Jiaozi Workshop / Leena Naqvi
6. A participant making a dosa | Indian Dosa Workshop / Leena Naqvi

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[www.citycookbook.org](http://www.citycookbook.org)

**Space typology** Community Space / Public Building

**Intention** Celebrating / Educating / Enjoying / Exchanging / Experimenting / Raising awareness

**Action** Cooking food / Eating food